

Top End Orienteers  
invite you to come and try:



# NIGHT ORIENTEERING

*Come and Explore Holmes Jungle Nature Park by Night.*

*Moonrise is 6pm and the moon is full*

**WHEN:** Saturday 15<sup>th</sup> October 2016

**WHERE:** Start at Lower Picnic Ground, Holmes Jungle.



Follow the signs

**COURSES:** 3 courses: Easy (1.7km - Sturdy pram friendly)

Moderate (2.4km)

Hard (3.6km)

**TIME:** Start any time between 7.00 & 9.00 PM

Course Closes 10.00pm

- Enter on your own or as a group or family
- Coaching available until 8.00 pm
- Great for all ages and all fitness levels
- The ideal way to exercise your mind and your body

**Beginners welcome.**

**Entry to your first event is free!**

For more information please call: 0405 718 693

Email: [topendorienteersNT@gmail.com](mailto:topendorienteersNT@gmail.com)

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