

Top End Orienteers invite you to come and try:



ORIENTEERING

Explore the Freds Pass Reserve and surrounding area, including the Sattler World War 2 airfield.

WHEN: Sunday, 16th September 2018

WHERE: Rural Markets Big Shed

Freds Pass Reserve

COURSES: 4 courses available

Easy 2.9 km (4WD pram friendly)

Moderate 3.8 km

Short Hard 4.1 km

Long Hard 5.8 km

TIME: Start any time between 7.00 & 9.00am

Coaching between 8.00 & 9.00am

Courses close 11am

- Enter on your own or as a team/family
- Coaching available
- Great for all ages, all fitness levels
- The ideal way to exercise your mind and your body



- Beginners welcome
- Been before why not try an upgrade to the next course level?
- FREE ENTRY for first-time participants