

## Top End Orienteers invites you to a score event at

## HOWARD SPRINGS NATURE RESERVE

WHEN & WHERE: Howard Springs

Nature Reserve (Woorabinda Scout camp): Sunday 7<sup>th</sup> April 2019

**COURSES:** Easy course (2.3km, 4x4 pram friendly) or Score Event of 60 or 90 minutes duration.



What to bring: water bottle, leg protection (some controls may be in long grass/thick scrub).

**TIME:** Start between 7:00 & 9:00am, courses close at 10:30am. Coaching available from 7.30am.

What is a score event? Score course maps have checkpoints of different value marked on them. Participants choose either 60 or 90 minutes to visit whichever checkpoints they wish, choosing their route (based on their ability and fitness) to maximise their score. A careful judgement of route distance and ability is required, as penalties apply to participants returning late.

Please stay afterwards for TEO Annual General Meeting, 10:30-11:30am.

- Regular event fees apply (individuals \$5/\$10 & groups \$8/\$15 for member/non-member, family fee available)
- Great for all ages and all fitness levels
- The ideal way to exercise your mind and your body
- Beginners and New members welcome, membership form available from <u>www.teo.asn.au</u> or on the day. (2019 memberships due by March 31<sup>st</sup>)

For more information please call: 0438894117 (Dennis)

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