

Seniors

Month



August 2019

Top End Orienteers is proud to be involved with celebrating Seniors Month in Darwin in 2019.

We are offering 2 free 'Come and Try' orienteering events.

Each will include Very Easy and Easy courses- approx. 1-2km

Monday 26th August - Casuarina Coastal Reserve

Start/Finish at Surf Lifesaving Club Start between 8-9 am and finish approx. 10.30 am followed by a morning tea at De La Plage Café.

Friday 30th August - George Brown Botanic Gardens

Start/Finish at the Fountain between 8-9am and finish approx. 10.30am followed by a morning tea at Eva's Café

For more information, you can contact Tammie <u>tammiecoyne@gmail.com</u> or 0438738197

OR check the Territory seniors calendar website or copies of the calendar are available at your local library and MLA's office <u>https://www.cotant.org.au/territory-seniors-calendar/</u>

