



Top End Orienteers
invite you to come

ORIENTEERING

Come and explore Casuarina Coastal Reserve

WHEN: Sunday 18th April 2021.

WHERE: Start/Finish Casuarina Reserve
(Northern Carpark - beyond Surf Club)

COURSES: 4 courses available



Easy 2.9 km, sturdy pram friendly

Moderate 4.5 km

Short hard 5.0 km

Long hard 5.7 km

Warning - Some long grass on moderate and hard courses.

TIME: Start any time between 7.00 & 9.00am

Coaching available between 8.00 and 9.00am

Courses close 11.00 am

Annual General Meeting - Following the event at 11.00

- Enter on your own or as a group or family
- Great for all ages and all fitness levels
- The ideal way to exercise your mind and your body
- Download Map RunF
- Bring your own water



Beginner's welcome. Entry to your first event is free!

For more information Email: topendorienteersNT@gmail.com

www.teo.asn.au  [Top End Orienteers](#)